

NEW EATING

The ingredients listed below can be added to any dish to create a different variation and taste you can add as many toppings as you like to your choice of dish.

Tomatoes, Potatoes, Pepper, Spinach, Mushroom, Aubergine, Cauliflower, Dall, Mix Vegetable, Pineapple, Channa, Egg or Any Additional Spice..... £0.95 (each)
Chicken, Meat, Keema or Prawn £1.50 (each)
King Prawn £2.50 (each)

SIDE DISHES

Sag Bhaji (Spinach)	£4.25	Brinjal Bhaji (Aubergine).....	£4.25
Sag Aloo (Spinach & potato)	£4.25	Cabbage Bhaji	£4.75
Sag or Motor Pannir (Indian Cheese)	£4.75	Bombay Aloo (Spicy Potatoes)	£4.25
Tarka Dall (Lentils)	£4.25	Channa Mossala (Chick Peas).....	£4.25
Mushroom Bhaji.....	£4.25	Mix Vegetable Bhaji.....	£4.25
Bindi Bhaji (Okra).....	£4.25	Sag, Mushroom, Garlic & Onions ...	£4.75
Aloo Gobi (Potato & Cauliflower)	£4.25	Keema Peas (NEW).....	£5.95
Pachmishali Dall (NEW) (Lentils)	£4.75	Masala, Korma or Any Curry Sauce .	£4.25

SUNDRIES

Boiled Rice	£3.35	Keema Pilau Rice.....	£3.95
Pilau Rice	£3.45	Chicken Fried Rice	£3.95
Fried Rice	£3.75	Lemon Rice.....	£3.75
Egg Fried Rice.....	£3.75	Special Pilau Rice	£3.95
Garlic Rice	£3.75	Mushroom Pilau Rice	£3.75
Zeera Rice (Cumin)	£3.75	Sag Pilau Rice	£3.75
Vegetable Pilau Rice.....	£3.75	Sag Garlic Lemon Rice	£3.95
Chilli Lemon Rice.....	£3.95	Coconut Rice (NEW).....	£3.75

NAN

Nan	£3.35	Bangla Nan	£3.95
Garlic Nan	£3.65	(onion, peppers, chilli, coriander & garlic)	
Keema Nan	£3.65	Keema & Cheese Nan	£3.95
Cheese Nan	£3.65	Chicken Tikka Nan	£3.95
Peshwari Nan	£3.65	Special Nan	£3.95
Cheese and Garlic Nan	£3.95	Tandoori Roti	£2.95
Garlic and Coriander Nan	£3.95	Parata (Plain, vegetable or keema).....	£3.95
Chilli Nan	£3.65	Chapatti.....	£1.95
Drayton Croft Nan	£4.95	Chips	£3.25
(Chicken, Keema, Cheese, Peppers, Onion & much more!)		Stir-Fry Chips (Sticky, Sweet & Sour) ..	£4.25
		Spicy Chips (Hot & Spicy).....	£3.75
		Raitha (Plain, Cucumber or Onion Yoghurt)....	£1.75

ENGLISH DISHES

All dishes served with green salad, peas & tomato.

Roast/Fried Chicken & Chips... £9.95	Mushroom or Cheese Omelette & Chips. £9.95
Scampi & Chips..... £10.95	Chicken Nugget & Chips £9.95
Chicken or Prawn Omelette & Chips. £9.95	Salad (Chicken/Prawn) £8.95

Any dish not mentioned on our menu of your choice, please bring it to our attention and we will be happy to prepare it for you.

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TAKE AWAY MENU

www.banglapride.co.uk
sales@banglapride.co.uk

69 Market Street, Oakengates
Telford, TF2 6EA

WE ARE NOT LICENSED.
YOU ARE WELCOME TO
BRING YOUR OWN
ALCOHOLIC DRINKS, SOFT
DRINKS SERVED AT THE BAR.

OPENING HOURS:

Sunday: 5.30pm to 11.30pm.
Monday: CLOSED (Except Bank Holidays)
Tuesday to Thursday: 5.30pm to 11.30pm.
Friday & Saturday: 5.30pm to Midnight

BANQUET NIGHT
Sunday & Tuesday
3/4 Course Banquet Meal
(Dine In Only)

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Innovation

Temptation

Imagination

Sophistication

BANGLAPRIDE

(OAKENGATES)

Bangladeshi & Indian Restaurant / Takeaway



Scan me
and order through
our app



APPETISERS

Papadom (Plain or Spicy) £0.75
Mint Sauce / Onion Salad..... (Per tub) £0.75
Dips Mango Chutney, Mixed Pickle or Red Sauce (Per tub) £0.75
Set of all Dips Mango Chutney, Mixed Pickle & Red Sauce.. £2.25
Large Mint Sauce or Onion Salad (each) £2.25
Large Green Salad..... £1.95

TRADITIONAL & FUSION STARTERS

Bangla Pride Platter (For 2 Persons).....£11.95
A panorama of our finest starters recommended by our master chef. Chefs choice of seafood, chicken, lamb and vegetables.
Tikka Tikka Platter (NEW) (For 2 Persons)£11.95
A selection of chicken and lamb shashlik, paneer tikka & sheek kebab.
Kebab-E-Ghelafee (NEW)£5.95
Kebab stuffed with chilli, onions and cheese topped with an omelette.
Chicken Pakora Chatt (NEW).....£5.45
Deep fried battered chicken cooked with green peppers & onion with chef's special sauce. Slightly hot.
Roshuni-Ki-Murgi£4.95
Boneless chicken marinated with garlic sauce.
Paratha Roll (chicken, lamb or prawns)£4.95
Cooked with fresh onion, pepper and the chefs secret spice and wrapped in paratha bread.
Bucket Pepper£4.95
Pepper oven baked, stuffed with chicken, prawn, lamb or vegetables in the special chefs spices.
Tandoori Lamb Chop£6.45
Spicy lamb chops cooked in a clay oven, served with onion.
Mango Tikka (Chicken or Lamb)£4.95
Cooked with mango and fresh lime, served slightly sweet and tangy
Chatt or Chatt Purri (Chicken, Meat or Prawn)£4.95
Chicken Tikka / Tandoori Chicken£4.95
Lamb Tikka£5.35
Chicken Pakora£4.95
Special Mix Kebab (Chicken & lamb tikka & sheek kebab)£5.95
Tandoori Mix Stir Fry£5.45
Sheesh Kebab / Shami Kebab.....£4.95
Nargis Kebab£5.45

SHOBI STARTERS

Vegan Platter (For 2 Persons) (Vegan).....£10.95
Mixture of Vegan Samosa, Aloo Pakora, Garlic Mushroom & Chana Chatt Purri.
Shobji Platter (For 2 Persons)£10.95
Mixture of four different vegetable starters.
Special Bhajee (NEW)£4.95
Deep fried battered chick peas and paneer, with crushed onion bhajee.
Paneer Pakora Chatt (NEW)£5.45
Deep fried battered paneer cooked with green peppers & onion with chef's special sauce. Slightly hot.
Begun Bahar (NEW)£4.45
Chefs unique style aubergine, stuffed with light spiced paneer & cheddar cheese.
Pakora Malabar (NEW)£4.45
Potato, aubergine, paneer & onion dipped in light batter & deep fried.
Mystery of Spice£4.45
Mixture of garlic, mushroom & potato stir-fried with homemade spices.
Paneer Tikka (Indian Cottage Cheese).....£4.95
Chana Chatt Purri (Chick Peas).....£4.45
Garlic Mushroom.....£3.95
Onion Bhajee£3.95
Vegetable / Vegan Somosa (With Meat 50p extra)£3.95
Aloo Pakora / Mushroom Pakora Deep fried battered ..£3.95

SEAFOOD STARTERS

Seafood Milli Juli (For 2 Persons).....£17.95
A mixture of tandoori fish, tandoori king prawns, mass biran and mussels.
Fish Pakora (NEW)£4.95
Bangladeshi boneless fish, coated in a spicy batter and fried to perfection.
Fish Chatt (NEW)£4.95
Fish mashed in fried onions, mustard and herbs.
Mussel-Ke-Chatt.....£5.45
Mussel cooked with onion, garlic, fresh coriander and touch of lime.
Tandoori Tiger Prawns£6.45
Giant tiger prawns marinated with tandoori spice & fresh herbs.
Coconut Coriander Salmon Fish£5.95
Fillet of salmon fish, cooked with coconut, peppers and fresh coriander.
King Prawn Butter Fly£4.95
Slightly spice king prawn covered in golden bread crumbs and deep fried.
King Prawn Purri£5.45
King prawn cooked with garlic, onions, herbs and spices in a very condensed sauce. Wrapped in a soft flat thin purri.
Prawn Cocktail£5.45
Prawn on bed of salad topped with tomato, cucumber & cocktail sauce.
Mass Biran£4.95
Bangladeshi fish stir fried in a mustard sauce, with garlic, onion and peppers.
Salmon Tandoori£5.95
Pan fried salmon fillet coated in a sprinkle of tandoori sauce.

TANDOORI CHEF SPECIALITIES

All the dishes of this section are barbecued in a traditional tandoori clay oven and served with fresh crisp seasonal salad & mint sauce.

Chicken Tikka Main£9.95
Paneer Tikka Main.....£9.95
Lamb Tikka Main£10.45
Tandoori Chicken Main£9.95
Roshuni Tikka Main£9.95
Boneless chicken marinated in a garlic sauce, without spice.
Shashlick (Chicken, Lamb or Paneer)£9.95
Mix Shashlick (Chicken & Lamb).....£10.95
Tandoori Fish (Salmon)£11.90
Tandoori King Prawns£12.90
Tandoori Mix Grill.....£13.95
Chicken & lamb tikka, sheek kebab & tandoori chicken with nan)
Stir-Fry Chicken & Chips (NEW).....£8.95
Chicken & Chips stir fried in a chef's special sauce.
Bangla Wrap (NEW)£8.95
Chicken tikka or paneer tikka, with fresh green salad and chef's special sauce, wrapped in a nan bread. (Hot on request)

DINING IN OFFER

Sunday & Tuesday | 3/4 Course Banquet Meal

Reservations, Takeaways & Enquires TEL: 01952 610 421 / 07470 772855
Order Online: www.banglapride.co.uk or www.banglapridetelford.co.uk

EXCLUSIVE SEAFOOD SPECIALITIES	
Salmon Ka Salon (Bhuna)	£11.45
Diced pieces of Scottish salmon delicately blended and cooked with finely chopped onions, tomato and a touch of coconut milk. Medium hot	
Mass Byran Kaybari.....	£11.45
Fillet salmon fish pan fried with onions and peppers served in a bhuna sauce.	
Salmon Tandoori Massala	£11.95
Salmon marinated with herbs and spice cooked with ground almond, coconut, sugar and creamy sauce to give a desirable taste.	
Lime Ginger Tilapia	£10.95
Bangladeshi Tilapia fish cooked in a home style delicious sauce, with extra ginger, wild lime, spices, herbs, touch of green chilli, coriander and garlic.	
Bangla Mass Steak	£10.95
Bangladeshi fish marinated in tandoori spice, then grilled in clay oven. Served with potato, mushroom and fresh seasonal salad.	
Sea Bass Fantasy	£10.95
Aubergine and potato cooked in a medium - hot sauce with pan fried fillet of wild sea bass on top.	
King Prawn Delight	£13.95
Ocean fresh king size prawns, tandoori roasted with medium hot strength sauce.	
Tandoori King Prawn Massala	£13.95
Marinated king prawns cooked with almonds, coconut and sugar in a special aromatic smooth creamy massala sauce.	
Pangash Jhul (NEW).....	£10.95
Boneless white fish cooked with Shatkora (citrus) fruit, herbs and spices. A traditional village method Bangladeshi dish.	
Kulna Chingrii Special	£13.95
Bay of Bengal tiger prawns with roasted baby coconut. A particular favourite dish in Kulna where no meal is complete without fish. Though fairly hot, this has been toned down with coconut milk.	
Bangla Sea Food Special.....	£13.95
A tantalising mixture of seafood cooked with a sensational hot, tangy sauce.	
Fish Tawa (NEW)	£14.95
Grill Style mixed Bangladeshi fish, King Prawn, peppers and onion cooked with chef's special sauce	
VEGETARIAN SPECIALITIES	
Panner Tikka Massala	£9.95
Indian Cottage Cheese grilled and cooked with almonds, coconut and sugar in a mild creamy chef's own recipe sauce.	
Paneer Chilli Bahar.....	£9.45
Indian Cottage Cheese cooked with fresh garlic, green chillies, coriander, herbs and spices. A slightly hot dish	
Pachmishali Dall Special (Suitable for Vegans)	£9.45
Mixture of five different kinds of lentil from Bangladesh, cooked with ginger, garlic, green chilli, tomato & fresh coriander. Medium hot	
Shobji Benaroshi (Suitable for Vegans)	£9.45
Chefs specially picked vegetable roasted together with garlic ginger, tamarind, onions, sun-dried red chillies, mustard, rich spices and fresh herbs. (Slightly hot)	
Vegan Massala (NEW)	£9.45
Mixed vegetables cooked with almonds, coconut, sugar and coconut milk in a chef's own mild recipe massala sauce.	
Vegan Korma (NEW) (Suitable for Vegans).....	£9.45
Mixed vegetables cooked with almonds, coconut, sugar and coconut milk in a chef's own mild recipe korma sauce.	
Bangle Pride Vegetable Special (Suitable for Vegans).....	£9.45
Seasonal mixed vegetable cooked together with fine chopped onions, and pepper in spicy mild sauce. Made out of garden mint mango chutney, ground spices and a hint of coconut milk. (Mild to medium.)	
Vegetable Tawa (Suitable for Vegans).....	£9.45
A truly authentic dish, cooked with mixed vegetables in a special aromatic blend of 5 different spices.	

Some of our dishes may contain nuts, dairy, gluten or bones, please ask a member of staff if you have any allergies.

HOUSE SPECIALITIES	
Shanazi Kana	£11.95
Combination of chicken lamb and tandoori chicken garnish with mince meat, fresh garlic, tomato, finely chopped spinach. (Highly Recommended)	
Shahi Massala	Lamb Tikka £10.95 Chicken Tikka £10.75
Highly Recommended for massala lovers, mild and creamy with date molasses and finely chopped baby coconut.	
Royal Bahar	£10.75
A tradition village method of cooking applied with strips of bite sized chicken in traditional spices with aubergine. Fairly hot and spicy.	
Supreme	Lamb Tikka £10.95 Chicken Tikka £10.75
Fillets of chicken/ lamb tikka cooked in a spice hot sauce with red onions, green pepper, tamarind, fresh garlic and coriander with green chillies.	
Dall - Jull	Lamb Tikka £10.95 Chicken Tikka £10.75
Tender pieces of chicken or lamb tikka, cooked with ginger, garlic, onions, paprika, red lentils and fresh lemon juice, to create a tasteful sweet and sour dish.	
Bangla Kodu	Lamb Tikka £10.95 Chicken Tikka £10.75
Bite size chicken or lamb tikka cooked with sweet pumpkins in chef's special medium mild sauce.	
Rajshahi	Lamb Tikka £10.95 Chicken Tikka £10.75
Chicken or lamb tikka in a mild creamy sauce, laced with almond, coconut, and mango pulp and slices.	
Special Delight	£13.95
A mouth watering dish cooked with grilled chicken tikka, lamb tikka and king prawns surprise.	
Donia Roshon	£10.95
A very highly recommended dish for those garlic and coriander lovers, chicken cooked with extra coriander and garlic, in a dry and medium sauce.	
Nawabii Pride	£10.95
Breast chicken grilled on a bamboo skewer with peppers, tomatoes and onions, that have been marinated with ginger, garlic, lemon juice and fresh ground spices. Served with chef's special unique sauce and fresh crispy salad. (Very Popular Choice)	
BIRYANIES	
Basmati rice cooked with green herbs in a special blend of spices with a touch of lemon juice. Biryani dishes are meals in themselves, served with choice of sauces. (Mild or Hot on request)	
Vegetable/ Mushroom Biryani	£9.95
Chicken / Prawn Biryani	£10.75
Lamb Biryani.....	£10.95
Tikka	Lamb Tikka £11.75 Chicken Tikka £10.95
King Prawn Biryani	£13.95
House Special Biryani.....	£12.95
(Chicken, meat, prawn & king prawn)	
Bangla Pride Special Biryani	£12.95
(Chicken tikka, lamb tikka, tandoori chicken and kebab)	
MAKE IT PERSIAN OR MALAYAN BIRYANI?	
Persian: Banana with omelette	£1.50 Extra
Malayan: Pineapple omelette	£1.50 Extra

• We also do outdoor catering, for all occasions.

CHEFS RECOMMENDATIONS	
Chasni.....	Lamb Tikka £10.45 Chicken Tikka £9.95
Very popular dish from the Dinajpur district of Bangladesh. Marinated chicken/lamb tikka, garnished with almonds, yogurt and mango chutney to give a mild, tangy taste.	
Tikka Massala	Lamb Tikka £10.45 Chicken Tikka £9.95
Chicken/ Lamb tikka cooked with almonds, coconut and sugar in a delicate creamy massala sauce to give a desirable taste.	
Butter Chicken	£9.95
Recommended to those who are keen on mild food, Marinated chicken tikka cooked with ground almond, coconut and butter.	
Rezella	Lamb £10.45 Chicken £9.95
Chicken or lamb cooked with green chilli, yogurt, fresh coriander and a hint of pickle to create a rich hot and spicy dish.	
Shorisha	Lamb Tikka £10.45 Chicken Tikka £9.95
Chicken or lamb cooked with red onion, mustard, fresh tomatoes and coriander to medium strength, but rich in mustard.	
Nowakali Naga	Lamb £10.45 Chicken £9.95
This is a favorite dish from the Nowakali District of Bangladesh, where meal is not complete without naga (hottest chilli). This dish is cooked with Naga. Chilli pickle a favourite for ~hot eater.	
Korai Special	Lamb Tikka £10.45 Chicken Tikka £9.95
Marinated Chicken or lamb cooked with fresh chunks of green pepper, onion and tomato. Medium hot.	
Cheese-Na-Pallak Special ...	Lamb £10.45 Chicken £9.95
Chicken or lamb, cooked with cheese, garnished with fresh spinach, coriander, tomatoes and onions. Recommended for those who are keen on cheese.	
Passanda	Lamb Tikka £10.45 Chicken Tikka £9.95
Clay oven cooked lamb or chicken tikka, simmered in mild creamy sauce, made with nuts, almonds, cream and home-made yoghurt.	
Jaipuri Tawa	£9.95
Garlic flavored chicken tikka cooked with mushrooms, peppers, curry leaves, red onions and coriander (Hot or mild on request)	
Jalfrezi	Lamb Tikka £10.45 Chicken Tikka £9.95
Widely renowned dish of distinction made from our tandoori selection and then cooked with fresh garlic tomato onions and capsicum with a hint of green chillies.	
Bengal Garlic Chilli	£9.95
Tender pieces of garlic chicken tikka, cooked with fresh chillies and fresh coriander with lots of diced fried garlic it's hot and tasty. Highly recommended for people who love garlic and chillies.	
Tandoori Murgi Massala	£10.45
A Bangladeshi wedding feast dish comprised of tandoori chicken off the bones, and mince lamb cooked with almond, coconut, chef's special mild and creamy sauce. Can be served with boiled egg on request.	
Roshuni Tikka Massala	£9.95
Chicken marinated with garlic, chillies, nuts and fresh cream which is then added to a chef's creative sauce made from coconut, almonds, fresh cream and red chilli powder. (Slightly Hot)	
Tandoori Special Mix Bhuna	£10.45
Combination of chicken tikka, lamb tikka and mince meat, cooked with fresh ginger, garlic, tomatoes, onions, coriander and a mixture of ground spices.	
Mr Jall-Re Baba (NEW)	Lamb £10.45 Chicken £9.95
For hot curry lovers, this dish is perfect for you. A dish which is very hot but packed full of flavours and aromas. CAUTION! very, very hot.	

ALL ABOVE DISHES CAN ALSO BE COOKED WITH:
Vegetable £8.95 | Prawn £10.95 | King Prawn £12.95

OLD SCHOOL FAVOURITES

BHUNA

A dish garnished with onion, tomatoes cooked in a condensed gravy sauce.

DANSAK

Cooked with lentils, pineapple, garlic, fresh lemon giving a sweet and sour taste.

MADRAS/ VINDALOO

Both are mainly hot and saucy dishes. Vindaloo is hotter than madras.

PATHIA

A unique taste you have to admire a slightly hot, sweet & sour dish.

KURMA

Cooked with fresh cream, coconut, almonds and sugar giving the dish a mild sweet taste.

MALAYA

Mildly spiced dish prepared with pineapple

DOUPIAZA

Medium hot and spicy, cooked with extra chunks of onions.

ROGON JOSH

Finely chopped onions, peppers, tomatoes and garlic to produce a medium strength dish.

SAGWALLA

Garnished with tomatoes, onions, coriander and fresh spinach.

CURRY

A medium hot dish cooked with herbs and spices

Vegetable	£8.45	Lamb Tikka	£9.95
Chicken or Paneer	£8.95	King Prawn	£11.95
Lamb or Prawn	£9.45	House Special Mix	£10.95
Chicken Tikka	£9.45	(Chicken, Lamb, Prawn & King Prawn)	
		Tandoori Mix	£10.95

BALTI SPECIALITIES

There is nothing to say about balti, it is the most recognised dish in the UK. All dishes are individually cooked with a combination of fresh ingredients.

Balti Delight

Fresh chicken or lamb marinated with all tandoori spices, garnished with fresh mince meat , coriander, onions, tomatoes and curry leaves.

Balti Josh

Chicken and lamb tikka and mushrooms garnished with fresh green chillies, tomatoes, onions and coriander. Highly recommended to who are keen on hot and spicy food.

Balti Tandoori Mix

Chef's recommendation, all tandoori cooked with balti spiced sauce, garnished with fresh mince meat. Medium hot.

House Special Balti

This is the introduced from experience gained that balti lovers requested often. a balti comprising of chicken, meat, prawns and king prawn medium hot soft-sauce spiced.

Salmon Aloo Balti (NEW)

Prime cuts of salmon fish mingled with potatoes, spices and herbs. Hot or mild on request.

	Veg	Chicken, Lamb or Prawn	Chicken Tikka / Tandoori Chicken	Lamb Tikka	King Prawn
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Brummies Balti

A plain balti cooked with herbs and spices.

Balti Sag Aloo

Spinach & potato garnished with onions, tomatoes, coriander. Served in a medium hot balti.

Balti Mushroom

Fresh mushroom garnished with onions, tomatoes, coriander. Served in a medium hot balti.

Balti Chilli Masala

Fresh green chillies garnished with fresh coriander, onions and spices.

£8.45....	£8.95	£9.45	£9.45	£11.95
£8.95....	£9.45	£9.95	£9.95	£12.95
£8.95....	£9.45	£9.95	£9.95	£12.95
£8.95....	£9.45	£9.95	£9.95	£12.95

DISCOUNT AVAILABLE ON COLLECTION DELIVERY SERVICE AVAILABLE (ORDERS OVER £12) DELIVERY CHARGE FROM £1.50. WE COVER A 5 MILE RADIUS. ORDERS OVER £20.00 (CASH ONLY)